



# Who Would've Thought?



## How many hockey pucks can you imagine?

In 2000, 252,306 tonnes of residential waste was recycled in the Greater Vancouver Regional District. That equals the weight of approximately 1.4 billion hockey pucks.

## Warming up your Ski Jacket from your pop bottles?

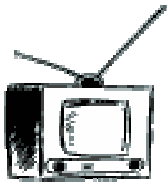
10 soft drink bottles are required to make the fiberfill for one ski jacket.

-Just the Facts, GVRD

**60 days** is how quickly an aluminum can might be collected, transported for recycling, melted down, made into a new can, refilled and placed back on the grocer's shelf.

-Just the facts, GVRD

In 60 days the Olympic record holder, Carlos Lopes, could run **669 marathons** (40 km)!



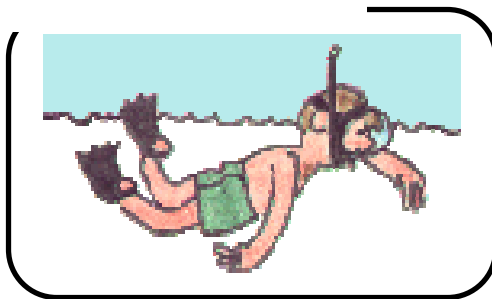
## Calling all Couch Potatoes:

One recycled aluminum can saves enough energy to operate a television for **3 hours** of TV viewing!

## Run pop can Run!

It takes 3,280 pop cans, lined up end to end, to encircle a 400m track and field oval.

## Splish Splash



## Let's Start Saving!

Recycling one tonne of newspaper saves:

- 19 trees
- 3 cubic metres of landfill
- 4,000 kilowatt hours of energy
- 29,000 litres of water
- 30 kgs. of air pollution effluent



## For More Waste Reduction Information contact

The Recycling Council of British Columbia Hotline:

In the Lower Mainland, call 604-732-9253 (604-R-E-C-Y-C-L-E). If calling from outside the Lower Mainland, call 1-800-732-9253.



# Go Wild this Spring!



## Money Doesn't Grow on Trees

Using native plants in your garden will not only save the earth, but also your pocket book! Native plants are adapted to the local environment, meaning less care and less money on costly chemical pesticides and fertilizers.

## Tap into Savings



By planting native species, installing automatic sprinklers or using a rain barrel, you will reduce your water usage, and save money!!!



## Bright Ideas

- ✓ Raking leaves instead of using a leaf blower will save energy and provide a great work out!
- ✓ A broom works as effectively to clean your driveway or walkway as a garden hose, power washer or gas leaf blower.
- ✓ Installing motion detection lights instead of leaving your light on saves energy and provides security for your home!
- ✓ Borrow or rent equipment used infrequently (tillers, ladders, etc...).

## Let the Worms do the Work

- ✓ Compost kitchen scraps and yard material, they make an excellent natural fertilizer for your garden.
- ✓ Can't compost? Crushed eggshells, tea and coffee grounds mixed in soil provide natural nutrients to your plants.
- ✓ Grow seedlings in reusable containers or use paper egg cartons that can go directly into your garden.



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(Note: Do not remove native plants from forests, this may cause soil erosion, or disrupt the integrity of the forest. Purchase native plants from local nurseries or contact your city for information on plant salvage events.)